

Assistant Medical Officer - Ayurveda

Sr. No.		Question Body and Alternatives
1	1	<p>The most effective method of assessing macular function is by using</p> <p>A) Schiotz Tonometer</p> <p>B) Amsler Grid test</p> <p>C) Snellen chart</p> <p>D) Gonioscopy</p>
2	2	<p>The synonym of disease 'suryavarta' is</p> <p>A) Bhāskara vartam</p> <p>B) Āditya rogam</p> <p>C) Ādhrusha</p> <p>D) Shataghnee</p>
3	3	<p>Acharya Susrutha advised Pittaja Visarpa Cikitsa for the disease</p> <p>A) Pūya rakta</p> <p>B) Deepta</p> <p>C) Karna pāka</p> <p>D) Sūrya varta</p>
4	4	<p>The mobility of Tympanic membrane is tested by</p> <p>A) Otomicroscopy</p> <p>B) Otoscope examination</p> <p>C) Tuning fork test</p> <p>D) Siegle's speculum examination</p>
5	5	<p>Number of 'Akshi patala' according to Susruta is</p> <p>A) 8</p> <p>B) 6</p>

C) 7

D) 3

6 6 Dipika tailam is indicated for

A) Karnashoola

B) Bhadiryam

C) Indralupta

D) Khalitya

7 7 How many chapters of chikitsa sthana of CHARAKA SAMHITA were reconstructed by Drudhabala?

A) 13

B) 17

C) 15

D) 18

8 8 Indian Drugs and Cosmetics Act came into existence in the year

A) 1941

B) 1950

C) 1940

D) 1964

9 9 Sukha and Dukha are the gunas of

A) Shareera

B) Manas

C) Ātma

D) All the above

10 10 Which of the following is not murta guna?

A) Gandha

B) Rasa

C) Rupa

D) Dharma

11 11

The concept of paraspara Anupravesha or Panchikarana theory is adopted from

A) Pūrva Mimamsa Darshana

B) Nyaya Darshana

C) Vedanta Darshana

D) Bouddha Darshana

12 12

Match the following appropriately :

1. Āma Ajīrna — (a) Vamanam

2. Vidagdha Ajīrna — (b) Svedanam

3. Vishtabdha Ajīrna — (c) Langhanam

A) 1-(c), 2-(a), 3-(b)

B) 1-(c), 2-(b), 3-(a)

C) 1-(a), 2-(c), 3-(b)

D) 1-(b), 2-(a), 3-(c)

13 13

The property of Dhanyamla is

A) Sheetam, Sparsha Anushna Sheetam

B) Ushnam, Sparsha Sheetalam

C) Sheetam, Sparsha Ushnam

D) Ushnam, Sparsha Anushna Sheetam

14 14

Which among the following statements is INCORRECT in relation to Goat's milk?

A) It cures fever

B) It eats foods having Katu, Tikta Rasa

C) It does more exercises

D) It is easily digestible as it drinks lot of water

15 15

Which of the following is indicated for Karna sroto gata Shalyam?

A) Dhanyamla

B) Ksharodaka

C) Lavanambu

D) Ushnambu

16 16

Panchaprasrta peya is prepared from

A) Ghrita, Taila, Vasa, Majja, Mudga

B) Ghrita, Taila, Vasa, Majja, Tandula

C) Ghrita, Taila, Vasa, Majja, Godhuma

D) Ghrita, Taila, Vasa, Majja, Amalaki

17 17

In Ghritavyapad _____ is advised.

A) Gokshira

B) Dadhi

C) Takram

D) Mastu

18 18

How many Bahir mukha srotas are present in females?

A) 12 srotas

B) 11 srotas

C) 15 srotas

D) 13 srotas

19 19

Lateral margin of orbit is formed mainly by the

A) Zygomatic bone

B) Maxilla

C) Ethmoid bone

D) Cranial fossa

20 20

Which is the 11th pairs as cranial nerves?

A) Vagus Nerve

B) Hypoglossal Nerve

C) Glossopharyngeal Nerve

D) Accessory Nerve

21 21

How many Madhyamaanga gata snayu?

A) 230 snayu

B) 900 snayu

C) 70 snayu

D) 255 snayu

22 22

Which one of the following developed in the tendon of quadriceps femoris?

A) Tibia

B) Fibula

C) Patella

D) Femur

23 23

If injury to _____ marma sthana leads to sudden death.

A) Sadyo pranahara marmas

B) Kalantara pranahara marmas

C) Vishalyaghna marmas

D) Vaikalyakara marmas

24 24

Increase of 'DOSHAS' in its own place is

A) Chaya

B) Prasara

C) Stana Samsraya

D) Vyakthi

25 25

Total spinal nerves are

A) 32 pairs

B) 5 pairs

C) 12 pairs

D) 31 pairs

- 26 26 In which kriyakalas stage of manifestation occurs?
- A) Bheda
 - B) Vyakteebhava
 - C) Prakopa
 - D) Sanchaya
- 27 27 In which state, the kostha is influenced by pitta dosa?
- A) Madhyakostha
 - B) Mrudukoshta
 - C) Krurakostha
 - D) Samadosa Madhyamakostha
- 28 28 _____ is situated in between aamashaya and pakwashaya.
- A) Pittadhara kala
 - B) Medhodhara kala
 - C) Mamsadhara kala
 - D) Majjadhara kala
- 29 29 The vayu moves in URAS and KANTA and perform function of sneezing is
- A) Prana vayu
 - B) Udana vayu
 - C) Avarana vayu
 - D) Apana vayu
- 30 30 Site of origin of Asthivaha srotas is
- A) Snayu moolam twak cha
 - B) Medho moolam jaghana cha
 - C) Vrukka and kati
 - D) Hrudhaya and Dasha Dhamani
- 31 31 One of the following is Not a Dasha Pranayatanas

A) Guda

B) Basti

C) Nabhi

D) Koshta

32 32 One of the following is Not a part of Ahara Parinamakara Bhavas

A) Ushma

B) Vayu

C) Kapha

D) Samayoga

33 33 According to Charaka, Bala varna hani of Garbhini happens in

A) 5th month

B) 7th month

C) 6th month

D) 8th month

34 34 Aamaya is the synonym of

A) Linga

B) Roga

C) Chikitsa

D) Nidana

35 35 Number of Baalagrahas in Yogaratnakara

A) 20

B) 9

C) 12

D) 10

36 36 Abhyangam with Raajathailam is advised in

A) Phakka Chikitsa

B) Balasosa Chikitsa

C) Vatavyadhi

D) Ahipootanaa Chikitsa

37 37

Sunset sign is observed in

A) Hydrocele

B) Marasmus

C) Kwashiorkor

D) Hydrocephalus

38 38

Types of Dantajanma

A) 8

B) 6

C) 10

D) 4

39 39

According to Kasyapa, appropriate time for Annapraasana

A) 6th month

B) 10th month

C) 7th month

D) 9th month

40 40

Dasanga ghrita and Saisuka ghrita are described in

A) Susruta Samhita

B) Astanga Sangraha

C) Kashyapa Samhita

D) Bhaisajya Ratnavali

41 41

Dadrumandala sannibha is common in

A) Lutadamsa

B) Vrsikadamsa

C) Keetadamsa

D) Ucchitinga damsas

42 42 The dosha predominance in keeta visha

A) Tridosham

B) Vata pitta

C) Pitta kapha

D) Kapha

43 43 Bruise is also known as

A) Laceration

B) Incised wound

C) Abrasion

D) Contusion

44 44 The following are the active principles of papaverum somniferum
(i) Calotropin (ii) Codein (iii) Papavarine (iv) Hyocyamine

A) (i) and (ii) are correct

B) (ii) and (iii) are correct

C) (iii) and (iv) are correct

D) (i) and (iv) are correct

45 45 Following is the active component of marking nut

A) Semicarbol

B) Semicarpine

C) Semicarbene

D) Semicarmine

46 46 In which type of keeta damsas pakwa udumbara sannibha is seen?

A) Kaphaja keeta

B) Pittaja keeta

C) Vataja keeta

D) Tridoshaja keeta

47 47

While selecting a drug for a formulation - “Whether the drug is “NAVA” or “PURANA”. It doesn’t matter much. But the Rasa, Gandha and other inherent properties of the drug are to be not spoilt. “Is the statement of”

A) Sharanga Dhara

B) Susrutha

C) Chakrapani

D) Kashyapa

48 48

Special time for consumption of Kwatha as per Sharangadhara is

A) Pragbhakta

B) Sabhakta

C) Adhobhakta

D) Ahararasapaka sanjate

49 49

Order of Basti Dravya Misrana is

A) Lavana - Makshika, Sneha, Kalka and Kwatha

B) Makshika - Kalka, Lavana, Sneha and Kwatha

C) Makshika - Lavana, Sneha, Kalka and Kwatha

D) Makshika - Lavana, Kalka, Sneha and Kwatha

50 50

Which metal requires Jarana procedure to convert it into Bhasma?

A) Naga

B) Loha

C) Swarna

D) Abhraka

51 51

Among the following one is not coming under Tamra Dosa

A) Bhrama

B) Sweda

C) Kleda

D) Kasa

52 52

Botanical name of KAMPILLAKA

A) Argemone Mexicana

B) Garcinia Morella

C) Mallotus Phillippinensis

D) Eclipta alba

53 53

The method used to correct dislocation of shoulder joint is

A) Kocher's method

B) Hippocratic method

C) Hand shake method

D) (A) and (B)

54 54

Billroth I is the surgical management of which condition?

A) Gastric ulcer

B) Gastritis

C) Crohn's disease

D) Pyloric stenosis

55 55

Thiersh wiring is an operative procedure done for

A) Rectal prolapse

B) Haemorrhoids

C) Inguinal Hernia

D) Femoral Hernia

56 56

Number of shastra according to Vagbhata are

A) 20

B) 26

C) 22

D) 21

57 57 The absorbable type of suture material among the following is

A) Cotton

B) Nylon

C) Prolene

D) Catgut

58 58 'Sandamsa yantras' according to Susruta are

A) 18 Angulas in length

B) 16 Angulas in length

C) 14 Angulas in length

D) 12 Angulas in length

59 59 Prayojya Anga of Indian Sarasaparilla is

A) Stem

B) Leaf

C) Bark

D) Root

60 60 Prayojya Anga of Gokshura is

A) Moolam and Phalam

B) Pushpam

C) Patram

D) Twak

61 61 Atarushaka is

A) Vasa

B) Guduchi

C) Vatsnanabha

D) Varuna

- 62 62 Number of combinations of Rasas with two Rasa combinations are
- A) 15
 - B) 6
 - C) 25
 - D) 20
- 63 63 Vishada and Pichila are mentioned as Viryas according to
- A) Acharya Charaka
 - B) Acharya Susrutha
 - C) Acharya Vagbhata
 - D) Acharya Badanta Nagarjuna
- 64 64 Substitute for Madhuyashti is
- A) Dhataki
 - B) Kumuda
 - C) Padma
 - D) Lavanga
- 65 65 Patola ghrutam is indicated in _____ dosha predominance as mentioned in kushta chikitsa.
- A) Kapha + Pitta
 - B) Rakta + Pitta
 - C) Vata + Pitta
 - D) Kapha + Vata
- 66 66 In Pittaja aruchi _____ taste is experienced.
- A) Kasháya
 - B) Madhura
 - C) Tikta
 - D) Katu
- 67 67 In Kapha Medas Avruta Vata which kashaya is indicated?

A) Palasha

B) Bodhi Vruksha

C) Dasha Moola

D) Arjuna

68 68

Toyapána is contra indicated in

A) Arshas

B) Udara

C) Gulma

D) Jwara

69 69

One among the following is not a upadrava of Āvarana Vata

A) Hrudroga

B) Gulma

C) Visarpa

D) Vidradhi

70 70

Madana Phala is indicated in

A) Vāta dosha

B) Kapha dosha

C) Tri dosha

D) Pitta dosha

71 71

Who considered artava as seventh dhatu in females?

A) Kashyapa

B) Susruta

C) Bhavamisra

D) Charaka

72 72

According to Kashyapa, Aushadhas are contraindicated in pregnancy for a period of

A) first 6 months

B) first month

C) throughout pregnancy

D) first 3 months

73 73

Yonivyapad causing amenorrhea

A) Udavartini, Paripluta, Prakcharana

B) Putrghni, Vamini, Asrija

C) Arajaska, Shlaishmiki

D) Vandhya, Yonisosha, Shandi

74 74

Second stage of labour in primi gravida should not exceed

A) 2 hours

B) 1 hour

C) 3 hours

D) 4 hours

75 75

Yoni Samvriyati (vaginal orifice shrinks) is seen in

A) Rtu Kāla

B) Rajah Kāla

C) Aārtva Kala

D) Rtu Vyatita Kala

76 76

In a dream's of pregnant women Padma, utpala is seen indicates

A) Male

B) Female

C) Twins

D) Bisexual

77 77

Doors and windows facing each other provide

A) Mechanical Ventilation

B) Cross Ventilation

C) Back to Back Ventilation

D) Front to Back Ventilation

78 78 _____ is due to inhalation of cotton fibre dust over long periods of time.

A) Siderosis

B) Byssinosis

C) Anthracosis

D) Silicosis

79 79 Hansen's disease is a chronic infectious disease caused by

A) Mycobacterium Leprae

B) Mycobacterium hansens

C) Hansens Mycobacterium

D) Mycobacterium tuberculosis

80 80 Doshas which attain the state of chaya in the cold ritus of Hemanta and Sisira is evacuated in

A) Vasanta ritu

B) Varsa ritu

C) Grisma ritu

D) Sarat ritu

81 81 Nerve involvement in knee reflex is

A) L₂, L₃

B) L₃ L₄

C) S₁ S₂

D) L₄ L₅

82 82 Which one of the following is NOT Trirupa Rajayakshma as per Susrutha?

A) Jwara

B) Swasa

C) Kasa

D) Shonita darshanam

83 83

Channels of Vata become obstructed by the increased fat inside the abdomen voracious hunger seen in

A) Kaphaja udara

B) Vataja udara

C) Meda roga

D) Dakodara

84 84

Vata-Balāja and khuda are the synonyms of

A) Amavata

B) Jwara

C) Vata rakta

D) Udara

85 85

Hip pain can be reproduced by internal and external rotation at the hip with the knee and hip in flexion

A) Crossed SLR sign

B) Reverse SLR sign

C) Patrick's sign

D) SLR sign

86 86

Predominant dosha of "CHARMA KILA"

A) Apanavayu, Kapha

B) Vyanavayu, Kapha

C) Apanavayu, Pitta

D) Vyanavayu, Pitta

87 87

_____ type of Nasya is indicated in Rakta pitta by Charaka.

A) Shamana

B) Dhuma

C) Tarpana

D) Virechana

- 88 88 Tapa and Ushna Sweda are indicated in _____ disorder.
- A) Vata pitta
- B) Kapha pitta
- C) Kapha
- D) Vata
- 89 89 According to Ashtanga Hridaya, the number of kshara gunas are
- A) 8
- B) 10
- C) 12
- D) 16
- 90 90 Total number of Kalpas with Snuhi are
- A) 12
- B) 16
- C) 18
- D) 20
- 91 91 Width (Visteerna) of leather for Sirovasti
- A) 10 angula
- B) 12 angula
- C) 14 angula
- D) 16 angula
- 92 92 According to Vagbhata, Avapidaka sneham is indicated in
- A) Vata is localized below the Nabi
- B) Vata is localized above the Nabi
- C) Vata is localized both below and above the Nabi
- D) None of the above

- 93 93 According to Vagbhata, Sugandha is _____ Krimi.
- A) Kaphaja Krimi
 - B) Raktaja Krimi
 - C) Purisaja Krimi
 - D) None of the above
- 94 94 Inflammatory Bowel Diseases are
- A) Ulcerative colitis and Crohn's disease
 - B) Ulcerative colitis
 - C) Crohn's disease
 - D) None of the above
- 95 95 According to Vagbhata, AYASKRTI is mentioned in
- A) Pandu Cikitsa
 - B) Arsas Cikitsa
 - C) Prameha Cikitsa
 - D) Kushta Cikitsa
- 96 96 According to Vagbhata, Adhyavata, is predominance of
- A) Kapha, Ama, Medas
 - B) Kapha, Ama, Mamsa
 - C) Vata, Kapha, Medas
 - D) Vata, Kapha, Mamsa
- 97 97 Takra arishta is indicated in
- A) Vamana Vyapat
 - B) Virechana Vyapat
 - C) Nasya Vyapat
 - D) Sneha Vyapat
- 98 98 Bandage in Upanaha is done with skin of _____ veerya of animal.

A) Sheeta

B) Ushna

C) Anuusna

D) None of the above

99 99

Camel milk is indicated for 7 days or one month in

A) Sopham

B) Jwaram

C) Swasam

D) Kasam

100 100

Number the types of UDARA by Caraka

A) 9

B) 10

C) 7

D) 8